

From Fearful to Faithful: Gentle Training Methods to Build Trust, Confidence,
and Good Behavior in Rescue Dogs

Use these printable worksheets to support your rescue dog's transition, build trust, and track progress.

Daily Routine Tracker **Date:** _____

| Task | Notes |
|----------------------|-------|
| Morning Routine | |
| Feeding | |
| Training Session | |
| Walk/Exercise | |
| Evening Wind-Down | |
| Other | |

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